

Nicaragua Packing List

- Passport:** Current, not going to expire within 6 months of arrival date.
- \$10US for entry VISA**
- Bible, small flashlight or headlamp with additional batteries, journal, pen/pencil, small comfortable daypack.
- Church clothes: Men: collared shirts, Women: dresses, capris, or skirts
- CLOTHING DEFINITIONS** see below: lightweight shirts, jacket, jeans, and shorts.
- Camera and charger (electrical outlets are the same as in the US)
- Small calculator to calculate exchange rate
- Work gloves, dust/paint masks, hat, any special tools or gear for specific projects your team has been assigned.
- Comfortable shoes, at least one pair closed-toed shoes to work in.
- Swimsuits: women one piece.
- Toiletries, sunscreen, anti-bacterial hand sanitizer
- Refillable water bottle**, powdered “Gatorade”
- Insect repellent (should contain the ingredient “DEET”)
- Over-the-counter medications, ibuprofen, band-aids, cold or allergy medications
- Comfort food: granola bars, nuts, snack bars, Sara Lee Bagels
- Photos of you and/or your family

CLOTHING DEFINITIONS: Nicaragua is a very modest country. Inappropriate choices of clothing can present a very awkward and embarrassing moment for the team member. Underwear should not be visible including boxer shorts or bra straps. *Female team members are asked to pack shorts that are at least the length of your fingertips when you are standing. “Spaghetti strap” tops for female team members would not be appropriate. Swimsuits should be a one piece swimsuit for women.*

NEEDS: With 24 girls in residence at Villa Esperanza you can imagine there are ongoing items we ask teams to consider packing. Such as: shampoo and conditioner, combs and brushes, lice treatments, deodorant, quality hair accessories, lighter weight bath towels, twin and full-sized sheets, bath mats.

Ordinary People  Extraordinary Purpose