



## KIJABE AT A GLANCE

Kenya is affectionately called “the heart of Africa” by her people. As such, it remains a country rich in culture, history and opportunity. In 1963, Kenya gained independence from colonial rule and operates as a democracy. However, like most African nations, Kenya’s struggles related to development, economics and politics did not end when independence was won. Years of oppression under colonial rule have scarred the country and her people. Despite this, Kenya has been a leader in development, in intercontinental relations, and in public policy among African nations. Yet, despite these gains in development, Kenya’s population lives in extreme poverty and is greatly impacted by life-threatening diseases.

### TRIP FEES INCLUDE

- Meals, lodging, translators, team packs, ground transportation, bottled water, on-site Facilitator, and international medical coverage
- Complete trip coordination provided by Forward Edge

### TRIP FEES DO NOT INCLUDE

- Flights to and from Kenya
- Luggage fees
- A \$50 (USD) Kenyan visa required before departure
- 3 Day Private Kenyan Safari

**TOTAL TRIP FEES:**  
\$1,795 per person\*

### IMPORTANT DATES

**90 DAYS BEFORE DEPARTURE**  
\$300 Non-Refundable  
Deposit,  
Registration, &  
Medical Release Form Due

**45 DAYS BEFORE DEPARTURE**  
\$1,595 Payment Due

\*Trip fee does not include:  
airfare – or –  
optional Kenya Safari

### FOR MORE INFO

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### MAKING A LONG-TERM IMPACT

In the mountains about 50 km west of Nairobi is an area known as Kijabe. This area of Kenya has a staggering number of orphans due to the HIV/AIDS pandemic. Many of are without proper access to food, appropriate role models, or simply a safe place to live. For decades, Mama Beth has operated a feeding program for at-risk children in the area, where the children are fed both spiritually and physically. Through partnership with Mama Beth’s Children’s Program, it is our goal to help vulnerable children move forward in their lives so that they can thrive and become productive adults. This goal is achieved by providing meals, school fees, books and medical care for children in this area.

### WAYS YOU WILL SERVE

You will work with Jane Wathagana, Mama Beth’s Program Director. Serving in Kenya can include meal preparation, leading a VBS, current construction projects, or visiting children and families in their homes. Some of our teams have served alongside local doctors and nurses to host a one-day medical clinic which benefits the local children and their families. Relational activities such as arts and crafts, music, games, gifts, or sharing your talents are strongly encouraged and can make a lasting impact in the lives of those we serve.

## TRAVEL AND ACCOMMODATIONS:

In Nairobi, you will be staying at a 3-star Hotel. In Kijabe, our accommodations will be at an International guesthouse. Towels & linens are included in both locations, and both are in safe secure areas.

## PASSPORT:

A current U.S. passport and Kenyan visa are required for entry into Kenya. A U.S. passport can take up to three months to receive and a Kenyan visa must be purchased 30 days prior to arriving in Kenya.



## (OPTIONAL) 3 DAY KENYAN SAFARI

Team members have an option to participate in a 3-day private Safari at the beginning of their trip. This unique adventure encounters indigenous tribal people such as the Maasai and amazing wildlife in their natural habitat. Featured Parks: Maasai Mara National Reserve. Price range \$600 to \$900 per person based on group size.



## PREPARATIONS:

**IMMUNIZATIONS:** The government of Kenya does NOT require any shots or immunizations to enter the country. However, Forward Edge highly recommends that all team members are current in the tetanus vaccination, and that they consult a personal physician for further recommendations.

**YELLOW FEVER:** Please visit the CDC to understand the risks and recommendations associated with Yellow fever.

**TEAM PACKS:** Once team member registration is complete, Forward Edge will send individualized team packs including a Forward Edge T-shirt, Team Member Manual, and other helpful information to each team member.

**PAYMENTS:** A \$300 non-refundable deposit is due at the time of registration and will be applied towards your trip fee. Payments can be paid by check, ACH payment (please contact us) or online by creating an account at [www.forwardedge.org](http://www.forwardedge.org). Make checks payable to: Forward Edge International. All payments need to reflect the team member name and team number.