

## KAMPALA AT A GLANCE



Uganda is a landlocked country located in East Africa; whose landscapes encompass the snow-capped Rwenzori Mountains. It was named the “*Pearl of Africa*” by Winston Churchill because of its amazing beauty, color and hospitality.

Like many African countries, Uganda has endured political instability, poverty and an AIDS crisis which has left millions of children as orphans having lost one or both parents. Most families cannot afford food, let alone tuition for school. Children often resort to collecting old scrap metal and plastic to sell in effort to buy themselves food.

### MAKING A LONG-TERM IMPACT

Our program, Light a Candle Uganda, serves approximately 400 children in some of the most difficult areas of Kampala, Uganda. Kampala has 3.5 million people living within the city limits, including 57 slum areas where the poorest of the poor live. Of those living within these slums, 50% are children under the age of 15.

By providing meals, safe water, education, vocational training and mentoring, we are giving these precious children opportunities that brighten their future, protect them from sexual abuse, and help them reach their full, God-given potential.

### 2019 TRIP DATES:

Arrive Uganda: July 2, 2019

Depart Uganda: July 12, 2019

-OR-

Arrive Uganda: August 13, 2019

Depart Uganda: August 23, 2019

(Final trip dates will be determined by interest level)

### TOTAL TRIP FEES:

**\$1,995** per person for  
10 member team

### IMPORTANT DATES:

**90 DAYS BEFORE DEPARTURE**

**\$300 Non-Refundable Deposit**  
Registration & Medical Release Form Due

### TRIP FEES INCLUDE:

- Meals, lodging, translators, ground transportation, bottled water, on-site Facilitator
- International medical coverage
- Team Pack
- Complete trip coordination provided by Forward Edge

### TRIP FEES

#### DO NOT INCLUDE:

- Flights to and from Uganda
- Luggage fees
- A \$50 (USD) Ugandan visa required before departure
- 3-Day Safari

### FOR MORE INFO

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### WAYS YOU WILL SERVE

You will work with Bonny, Director of Light a Candle Uganda. Serving in Uganda may include meal preparation, leading a VBS, construction projects, and visiting children and families in their homes. Some of our teams have served alongside local doctors and nurses to host a one-day medical clinic which benefits the local children and their families.

Relational activities such as arts and crafts, music, games, gifts, or sharing your talents are strongly encouraged and can make a lasting impact in the lives of those we serve.



### (OPTIONAL) 3-DAY UGANDAN SAFARI

Team members have the option to participate in a 3-day Safari at the beginning of their trip. The price ranges from \$600 to \$900 per person based on group size. Details to follow.



### TRAVEL AND ACCOMMODATIONS:

In Kampala, you will be staying at a safe and secure guest-house. Towels and linens will be provided.

### PREPARATIONS:

**PASSPORT:** A current U.S. passport and Ugandan visa are required for entry into Uganda. A U.S. passport can take up to three months to receive and a Ugandan visa must be purchased 30 days prior to arriving in Uganda.

**IMMUNIZATIONS:** The government of Uganda does NOT require any shots or immunizations to enter the country. However, Forward Edge highly recommends that all team members are current on their tetanus vaccination, and that they consult a personal physician for further recommendations.

**YELLOW FEVER:** Please visit the Center for Disease Control website, <https://www.cdc.gov>, to understand the risks and recommendations associated with Yellow fever.

**TEAM PACKS:** Once team member registration is complete, Forward Edge will send individualized team packs including a Forward Edge T-shirt, Team Member Manual, and other helpful information to each team member.

### PAYMENTS:

A \$300 non-refundable deposit is due at the time of registration and will be applied towards your trip fees. Payments can be paid by check, ACH payment (please contact us) or online by creating an account at [www.forwardedge.org](http://www.forwardedge.org). Make checks payable to: Forward Edge International. All payments need to reflect the team member name and team number.